

Allergenenkaart voor Ichi-E

Bento Box

	1 ICHI-E BENTO BOX (2 PERSONEN)	 EI	 GLUTEN	 SCHAALDIEREN	 SESAMZAAD	 SOJA	 VIS
	2 BENTO USUYAKI	 EI	 GLUTEN	 SESAMZAAD	 SOJA		
	3 BENTO YAKITORI	 EI	 GLUTEN	 SESAMZAAD	 SOJA		
	4 BENTO SUSHI/SASHIMI	 GLUTEN	 MOSTERD	 SCHAALDIEREN	 SESAMZAAD	 VIS	 WEEKDIEREN
	5 BENTO KARUMA EBI	 EI	 GLUTEN	 SCHAALDIEREN	 SESAMZAAD	 SOJA	
	6 BENTO WAGYU TARTAR YAKI	 EI	 SESAMZAAD	 SOJA			

Donburi

	18 UNAGI DON	 GLUTEN	 SESAMZAAD	 SOJA	 VIS
	19 KAISEN DON	 SCHAALDIEREN	 VIS		

Setmenu

	14 BEEF TERIYAKI SET	 EI	 GLUTEN	 SESAMZAAD	 SOJA	
	15 SUZUKI SET	 EI	 GLUTEN	 SESAMZAAD	 SOJA	 VIS
	16 SAKE KYOTO SET	 EI	 GLUTEN	 SESAMZAAD	 SOJA	 VIS
	17 TORI TERIYAKI SET	 EI	 GLUTEN	 SESAMZAAD	 SOJA	

Salad





















	120 SAKE SALAD	 GLUTEN	 SESAMZAAD	 SOJA	 VIS		
	121 EBI SALAD	 GLUTEN	 SCHAALDIEREN	 SESAMZAAD	 SOJA		
	122 TUNA TATAKI	 GLUTEN	 SESAMZAAD	 SOJA	 VIS		
	123 TATAKI BEEF	 GLUTEN	 SESAMZAAD	 SOJA			
	124 SAKE AVOCADO YUKKE	 EI	 GLUTEN	 MELK	 MOSTERD	 SESAMZAAD	 VIS

	125 CHUKA WAKAME	 SESAMZAAD
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




Soup & Noodle Soup

	10 MISO SOUP	 GLUTEN  SOJA  VIS
	11 TORI UDON/RAMEN	 EI  GLUTEN  SESAMZAAD  SOJA  VIS
	12 KAMO UDON/RAMEN	 EI  GLUTEN  SESAMZAAD  SOJA  VIS
	13 TEMPURA UDON/RAMEN	 EI  GLUTEN  SCHAALDIEREN  SESAMZAAD  SOJA  VIS

Sashimi

	30 MAGURO	 VIS
	31 SAKE	 VIS
	32 HAMACHI	 VIS
	33 SUZUKI	 VIS
	34 SASHIMI MIX	 SCHAALDIEREN  VIS  WEEKDIEREN
	35 SUSHI EN SASHIMI MORIAWASE	 GLUTEN  MOSTERD  SCHAALDIEREN  SESAMZAAD  SOJA  VIS  WEEKDIEREN

Sashimi New Style

	20 WAGYU BEEF SASHIMI	 GLUTEN  SESAMZAAD  SOJA
	21 SALMON SASHIMI	 GLUTEN  SESAMZAAD  SOJA  VIS
	22 HOTATEGAI SASHIMI	 GLUTEN  MELK  SCHAALDIEREN  SESAMZAAD  SOJA  WEEKDIEREN
	23 HAMACHI SASHIMI	 GLUTEN  SESAMZAAD  SOJA  VIS
	24 TUNA SASHIMI	 GLUTEN  SESAMZAAD  SOJA  VIS
	25 TAI SASHIMI	 GLUTEN  SESAMZAAD  SOJA  VIS

Chef's Sashimi

	26 KAKI	 GLUTEN	 SCHAALDIEREN	 SOJA	 WEEKDIEREN			
	27 ICHI-E NEW STYLE SASHIMI	 GLUTEN	 SCHAALDIEREN	 SESAMZAAD	 SOJA	 VIS	 WEEKDIEREN	
	28 ISE EBI	 EI	 GLUTEN	 MELK	 SCHAALDIEREN	 SESAMZAAD	 SOJA	 VIS




Nigiri Sushi



























	40 HAMACHI	 VIS		
	41 MAGURO	 VIS		
	42 SAKE	 VIS		
	43 EBI	 SCHAALDIEREN		
	44 UNAGI	 GLUTEN	 SESAMZAAD	 VIS
	45 SUZUKI	 VIS		
	46 INARI	 GLUTEN	 SOJA	
	47 TAMAGO	 EI	 GLUTEN	
	48 AVOCADO			

Chef's Nigiri

	50 HOTATEGAI ABURI	 MELK	 SCHAALDIEREN	 WEEKDIEREN				
	51 ABURI SUSHI	 SESAMZAAD	 SOJA	 VIS	 WEEKDIEREN			
	52 WAGYU-NIKU ABURI SUSHI	 MELK	 NOTEN					
	53 ICHI-E OSHI ZUSHI	 EI	 GLUTEN	 MELK	 MOSTERD	 SESAMZAAD	 SOJA	 VIS
	54 SUSHI ASSORTI	 EI	 GLUTEN	 MOSTERD	 SCHAALDIEREN	 SESAMZAAD	 VIS	

Maki Sushi

	60 KAPPA MAKI	 SESAMZAAD
	61 OSHINKO MAKI	


	62 WAKAME MAKI	 SESAMZAAD
	63 SAKE MAKI	 VIS
	64 TEKKA MAKI	 VIS
	65 KANI MAKI	   GLUTEN SCHAALDIEREN VIS
	66 AVOCADO MAKI	
	67 MANGO MAKI	
	68 SAKE SARADE ROLL	      EI GLUTEN SESAMZAAD SOJA VIS WEEKDIEREN
	69 TUNA SARADE ROLL	      EI GLUTEN SESAMZAAD SOJA VIS WEEKDIEREN

Ura-Maki Sushi

	70 CALIFORNIA ROLL	       EI GLUTEN MOSTERD SCHAALDIEREN SESAMZAAD SOJA VIS
	71 CRISPY BEEF ROLL	    GLUTEN MOSTERD SESAMZAAD SOJA
	72 SAKE AVOCADO	      EI GLUTEN MOSTERD NOTEN SOJA VIS
	73 SPICY TUNA	     GLUTEN SESAMZAAD SOJA VIS WEEKDIEREN
	74 UNAGI MAKI	    GLUTEN SESAMZAAD SOJA VIS
	75 YASAI ROLL	     EI GLUTEN MOSTERD NOTEN SOJA
	76 TAMAGO MAKI	     EI GLUTEN MOSTERD NOTEN SOJA
	77 SUNSET ROLL	      EI GLUTEN MOSTERD SCHAALDIEREN SOJA VIS
	78 PRAWN TEMPURA ROLL	        EI GLUTEN MOSTERD SCHAALDIEREN SESAMZAAD SOJA VIS WEEKDIEREN
	79 SOFT SHELL ROLL	        EI GLUTEN MOSTERD SCHAALDIEREN SESAMZAAD SOJA VIS WEEKDIEREN
	80 TORI KARA-AGE ROLL	       EI GLUTEN MOSTERD SESAMZAAD SOJA VIS WEEKDIEREN
	81 WAFU BEEF ROLL	     GLUTEN MELK NOTEN SESAMZAAD SOJA
	82 NINJA MAKI XL	      GLUTEN MOSTERD SESAMZAAD SOJA VIS WEEKDIEREN

	83 TORI MAKI XL				
		GLUTEN	MOSTERD	SESAMZAAD	SOJA
	84 KAMO MAKI XL				
		GLUTEN	MOSTERD	SESAMZAAD	SOJA

Chef's Ura-Maki Sushi



	90 WAGYU ROLL									
		EI	MOSTERD	NOTEN	SESAMZAAD	SOJA				
	91 IBERICO ROLL									
		GLUTEN	NOTEN	SCHAALDIEREN	SOJA					
	92 MANGO PRAWN TEMPURA									
		EI	GLUTEN	MOSTERD	SCHAALDIEREN	SOJA				
	93 MSC HOTATEGAI ROLL									
		EI	GLUTEN	MELK	MOSTERD	NOTEN	SCHAALDIEREN	SOJA	VIS	WEEKDIEREN
	94 ICHI-E SPECIAL ROLL									
		EI	GLUTEN	MOSTERD	SCHAALDIEREN	SESAMZAAD	SOJA	VIS	WEEKDIEREN	
	95 UNAGI KABAYAKI									
		GLUTEN	SESAMZAAD	SOJA	VIS	WEEKDIEREN				
	96 MIYOSHI ROLL									
		EI	MOSTERD	VIS						

Temaki



	100 MAGURO TEMAKI								
		EI	MOSTERD	SESAMZAAD	SOJA	VIS			
	101 SAKE TEMAKI								
		EI	MOSTERD	SESAMZAAD	SOJA	VIS			
	102 CALIFORNIA TEMAKI								
		EI	GLUTEN	MOSTERD	SCHAALDIEREN	SESAMZAAD	SOJA	VIS	
	103 UNAGI TEMAKI								
		GLUTEN	SESAMZAAD	SOJA	VIS				
	104 TEMPURA EBI TEMAKI								
		EI	GLUTEN	MOSTERD	SCHAALDIEREN	SESAMZAAD	SOJA	VIS	WEEKDIEREN
	105 SOFT SHELL KANI TEMAKI								
		EI	GLUTEN	MOSTERD	SCHAALDIEREN	SESAMZAAD	SOJA	VIS	WEEKDIEREN
	106 YASAI TEMAKI								
		EI	GLUTEN	MOSTERD	NOTEN	SESAMZAAD	SOJA		

Gunkan

	110 IKURA GUNKAN			
		VIS		
	111 URA GUNKAN			
		SOJA	VIS	WEEKDIEREN
	112 CORN GUNKAN			
		EI	MOSTERD	SOJA

	113 WAKAME GUNKAN	 SESAMZAAD
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Finger Food

	130 EDAMAME	 SOJA
	131 GYOZA	   EI GLUTEN SOJA
	132 KARA-AGE	   EI GLUTEN SOJA
	133 IKA FURAI	      EI GLUTEN MOSTERD SESAMZAAD SOJA WEEKDIEREN
	134 SHISO EBI	      EI GLUTEN MOSTERD SCHAALDIEREN SELDERIJ SESAMZAAD
	135 KREEFTEN BITTERBALLEN	      EI GLUTEN MELK MOSTERD SCHAALDIEREN SOJA
	136 HARUMAKI	  GLUTEN SOJA
	137 ICHI-E PLATTER	      EI GLUTEN MOSTERD SCHAALDIEREN SESAMZAAD SOJA

Kushiyaki

	150 YAKITORI	   GLUTEN SESAMZAAD SOJA
	151 SAKE YAKI	    GLUTEN SESAMZAAD SOJA VIS
	152 ASPARAGUS YAKI	   GLUTEN SESAMZAAD SOJA
	153 YAKI EBI	    GLUTEN SCHAALDIEREN SESAMZAAD SOJA
	154 WAGYU TARTAR YAKI	    EI GLUTEN MOSTERD SESAMZAAD

Teppanyaki

	160 USUYAKI	   GLUTEN SESAMZAAD SOJA
	161 KAMO	   GLUTEN SESAMZAAD SOJA
	162 RAMU	     GLUTEN SESAMZAAD SOJA VIS WEEKDIEREN
	163 BUTANIKU	   GLUTEN SESAMZAAD SOJA
	164 SAIKORO BEEF	   GLUTEN SESAMZAAD SOJA

	165 YAKI YASAI	 EI  GLUTEN  MOSTERD  SESAMZAAD  SOJA
	166 TORI GYOZA	 EI  GLUTEN  SESAMZAAD  SOJA
	167 SUZUKI SHISO	 GLUTEN  SESAMZAAD  SOJA  VIS
	168 MSC HOTATEGAI YAKI	 GLUTEN  SCHAALDIEREN  SESAMZAAD  SOJA  WEEKDIEREN
	169 TORI TERIYAKI	 GLUTEN  SESAMZAAD  SOJA
	170 GYU-NIKU	 GLUTEN  SESAMZAAD  SOJA

Chef's Teppanyaki

	171 LOBSTER TAIL	 GLUTEN  SCHAALDIEREN  SOJA
	172 HIRAME MISO	 GLUTEN  SESAMZAAD  SOJA  VIS
	173 TUNA STEAK	 GLUTEN  SESAMZAAD  SOJA  VIS
	174 WAGYU STEAK	 GLUTEN  SESAMZAAD  SOJA
	175 STEAMED KING CRAB WITH BUTTER	 MELK  SCHAALDIEREN


































Tempura Dishes

	140 RYOKUTO TEMPURA	 GLUTEN  MOSTERD  SOJA
	141 YASAI TEMPURA	 GLUTEN  SOJA
	142 PIRIKARA NO KOEBI	 GLUTEN  MOSTERD  SCHAALDIEREN  SESAMZAAD  SOJA  WEEKDIEREN
	143 EBI TEMPURA	 GLUTEN  SCHAALDIEREN  SOJA  WEEKDIEREN
	144 MSC HOTATEGAI TEMPURA	 GLUTEN  SCHAALDIEREN  SOJA  WEEKDIEREN
	145 TEMPURA AVOCADO	 GLUTEN  SOJA
	146 TEMPURA TOFU	 GLUTEN  SOJA
	147 SOFT SHELL FRY	 GLUTEN  SCHAALDIEREN  SOJA  WEEKDIEREN
	148 TOMOROKOSHI TEMPURA	 EI  GLUTEN  MOSTERD  SOJA

Side Dishes

	180 YAKI MESHI	 EI  GLUTEN  SESAMZAAD  SOJA
	181 YAKI UDON	 EI  GLUTEN  SESAMZAAD  SOJA
	182 YAKI RAMEN	 EI  GLUTEN  SESAMZAAD  SOJA
	183 YASAI MORI	 GLUTEN  SESAMZAAD  SOJA
	184 MATCHA NOODLES	 EI  GLUTEN  MOSTERD  NOTEN  SESAMZAAD

Desserts





































































	COCONUT DESSERT	 MELK
	PINEAPPLE DESSERT	 MELK
	MOCHI ASSORTI	 GLUTEN  MELK  NOTEN  PINDA'S  SESAMZAAD  SOJA
	VANILLA AISKURIMU TEMPURA	 EI  GLUTEN  MELK
	CHOCOLATE SOUFFLE	 GLUTEN  MELK  NOTEN
	AISKURIMU OKOMIYAKI	 EI  GLUTEN  MELK
	GOMA ZWARTE SESAM IJS	 MELK  SESAMZAAD
	MATCHA IJS	 MELK
	PASSIEVRUCHT SORBET IJS	
	IJS MACARON	 MELK  NOTEN  SOJA

Evenementenkaart

	SUSHI ASSORTI	 EI  GLUTEN  MOSTERD  SCHAALDIEREN  SESAMZAAD  VIS  WEEKDIEREN
	SASHIMI MORIAWASE	 SCHAALDIEREN  VIS  WEEKDIEREN
	ICHI-E PLATTER	 EI  GLUTEN  MOSTERD  SCHAALDIEREN  SESAMZAAD  SOJA
	YAKI EBI SET	 EI  GLUTEN  SCHAALDIEREN  SESAMZAAD  SOJA

	SAKE SET	 EI	 GLUTEN	 SESAMZAAD	 SOJA	 VIS
	BEEF TERIYAKI SET	 EI	 GLUTEN	 SESAMZAAD	 SOJA	
	TORI TERIYAKI SET	 EI	 GLUTEN	 SESAMZAAD	 SOJA	

Sauzen

	CHILIMAYONAISE	 EI	 MOSTERD	 SESAMZAAD	 SOJA	
	CHOCOLADESAUS	 EI	 MELK	 NOTEN	 SOJA	
	KEWPIE (QP)	 EI	 MOSTERD	 SOJA		
	KERRIE	 MOSTERD	 SELDERIJ	 SESAMZAAD		
	KIMCHI	 SOJA	 VIS	 WEEKDIEREN		
	KIMCHIMAYONAISE	 EI	 MOSTERD	 SESAMZAAD	 SOJA	 VIS  WEEKDIEREN
	KIZAMI WASABI	 GLUTEN				
	NOTENTAPENADE	 MELK	 NOTEN			
	PASSIEVRUCHT SAUS	 EI	 MOSTERD	 SOJA		
	PESTO NOTENTAPENADE	 MELK	 NOTEN			
	SESAMDRESSING	 EI	 GLUTEN	 MOSTERD	 SESAMZAAD	 SOJA
	TEMPURASAUS	 SOJA	 VIS			
	TERIYAKISAUS	 GLUTEN	 SOJA			
	TRUFFELMAYONAISE	 MOSTERD	 SOJA			
	WASABI FURIKAKE	 EI	 GLUTEN	 MELK	 SESAMZAAD	 SOJA  VIS
	WASABI	 MOSTERD				
	YAKITORISAUS	 GLUTEN	 SOJA			

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